

# Alternatives to saying 'No!', 'Don't!' or 'Stop!'

Instead of:	Share the positive of what you need
Don't run inside.	We walk inside
Don't throw balls inside.	We hold balls inside. Throwing balls is for outside.
Don't splash water in the bath.	Water needs to stay in the bath. Water stays in the bath please.
Don't tell lies.	We tell the truth We are honest with each other
Don't hit your brother.	We treat each other respectfully We treat each other's bodies appropriately.
Don't rock your chair.	Chairs need to stay firm on the ground.
Don't swear at me.	We say respectful words to each other. We use appropriate words when talking with each other.
Don't shout.	Inside voices please. Please tell me in an appropriate voice
Don't smack the dog.	We treat dogs respectfully. We pat dogs appropriately.
Don't bring sand into the house.	Sand needs to stay outside.